

Health Watch Birmingham

Healing Hands to Lead You Home Again Jefferson Rehabilitation and Health Center

For most people, there's no place like home.

Even so, home is not always the best place to recover from a stroke, a broken hip, a foot or ankle fracture, or another serious illness or injury. For many folks who need help getting back on their feet, Jefferson Rehabilitation and Health Center is the ideal home away from home.

Offering many of the comforts of home, along with comprehensive rehabilitation services, a fully equipped rehab gym, competent, caring staff – and much, much more – the center takes pride in its excellent outcomes.

"In the past two years, 100 percent of our rehab patients have met or exceeded their rehab goals," reports Patrick E. Nicovich, NHA, MPA, the center's director.

Patients and their loved ones also appreciate the center's round-the-clock availability of physicians and registered nurses, the high staff-to-patient ratio – and amenities like the bright, modern décor, oversized rooms, free cable TV and on-site beauty-and-barber shop.



Personalized nursing care helps aid in the healing process.



Jefferson Rehabilitation and Health Center is a modern, state-of-the-art rehabilitation facility located in a pastoral setting.

Patients Are Honored Guests

What *else* is special about Jefferson Rehabilitation and Health Center?

For one, says Nicovich, "in keeping with our commitment to achieving the highest possible level of patient satisfaction, we treat our patients as honored guests. We cater to their needs."

Perhaps even more importantly, "We provide compassionate, individualized care that helps patients meet their personal rehab goals and return to a normal life."

Nicovich stresses that each rehab stay is based on the patient's unique needs, not the dictates of his or her insurer. "Our number one priority is to help patients achieve their rehab goals efficiently and effectively," he says. The average length of stay for a rehab patient is 30 to 35 days, and most are discharged to home.

"Our concern for our patients doesn't end once they leave," says Nicovich. "Not only do we teach them to maneuver at home or out in the world, navigate stairs, get in and out of a car, and so on, our discharge planning staff lines up all necessary follow-up care. We do everything we

can to make the transition back home as seamless as possible."

So, if you or a loved one needs a helping hand on the way home, you owe it to yourself to take a look at Jefferson County Rehabilitation Center.

Long-term Skilled Nursing Care

Located in a pastoral setting on the outskirts of Birmingham, convenient to many area hospitals, Jefferson Rehabilitation and Health Center also offers top-notch, long-term skilled

nursing care.

Services Include:

- Occupational, speech and physical therapy seven days a week; fully licensed therapists
- Modern, state-of-the-art rehabilitation gym
- 24-hour IV antibiotic therapy
- Tracheotomy care
- Enterstomal therapy/wound care
- Full range of therapeutic and social activities
- 24-hour on-site security
- Complete discharge planning to facilitate return to home



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A non-profit organization owned and operated by the Jefferson County Commission and affiliated with Jefferson Health System