JEFFERSON COUNTY EMPLOYEES WALKING TRACK RULES AND USE POLICY

PURPOSE AND SCOPE

This policy applies to all Jefferson County employees who may use the walking track. Employees may use the walking track on a voluntary basis, and in their own free time. All employees using the walking track must first sign the <u>Jefferson County Walking Track Release of Liability Form</u>, and are allowed use of the facility at their own risk. The signed form for employees using the walking track shall be placed in the employee's file.

SAFETY

Employees are responsible for their own health and safety and are cautioned to participate according to any limits determined by their personal physician as well as their knowledge of their own health condition.

APPROPRIATE ATTIRE

Employees must wear appropriate athletic shoes when using the walking track. Jefferson County is not responsible for lost and/or stolen items.

Walking in shoes with heels of any height is not allowed.

ACCESS

The walking track will be open to employees between 7:30AM-5:30PM, Monday through Friday. Employees must have their identification card to access the walking track.

ENFORCEMENT

Failure to follow the guidelines and policy for the use of the walking track will terminate the employee's access to the walking track.

RULES:

- 1. Walking only, no running;
- 2. No cell phone use;
- 3. No scooters, skates, or similar devices;
- 4. No smoking;
- 5. No spitting;
- 6. Walking track is for use only during personal time;
- 7. No horseplay;
- 8. No guests allowed, this facility is for Jefferson County employees only;
- 9. Any improper/inappropriate use of facility should be reported to Security immediately at 5626.